

Blueberry Coconut Popsicles

1 ½ cups coconut milk

2 tbsp. maple syrup or agave nectar

1 tsp. vanilla extract

1 cup blueberries (fresh or frozen)

1. Mix coconut milk, maple syrup & vanilla in blender until smooth.
2. Add blueberries & pulse until “smashed” but not completely blended.
3. Pour into popsicle molds & freeze at least 5 hours or overnight.